



Caregiver Dental Hub

Practical Oral Care Guidance for Caregivers

How to Choose the Right Dental Products



BRUSHING MADE EASIER

- ✓ Choose a toothbrush that fits their needs and is comfortable to use
- ✓ Use a pea-sized amount of fluoride toothpaste
- ✓ Try different flavors to find one they like
- ✓ Brush morning and night when possible
- ✓ Aim for 2 minutes—but any brushing helps
- ✓ Ask the dentist if prescription strength fluoride toothpaste is needed
- ✓ Clean between teeth with floss or small brushes when you can



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